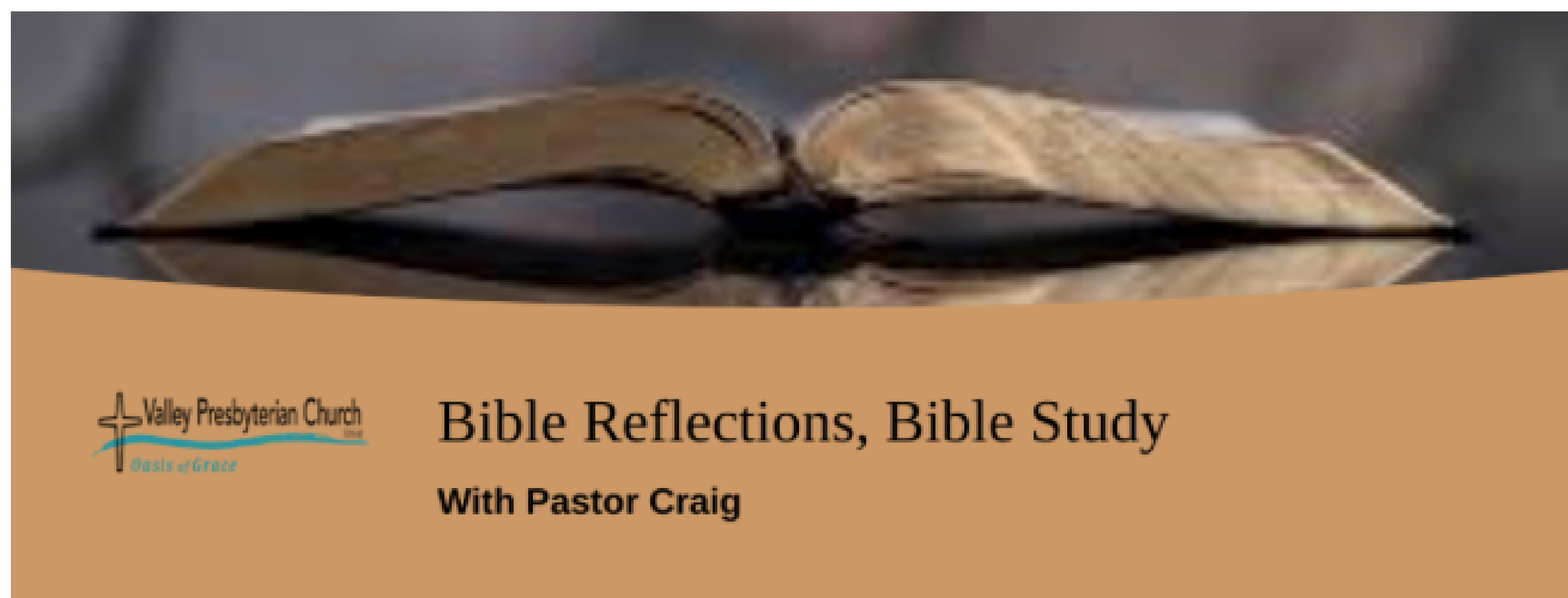


Important Event Information

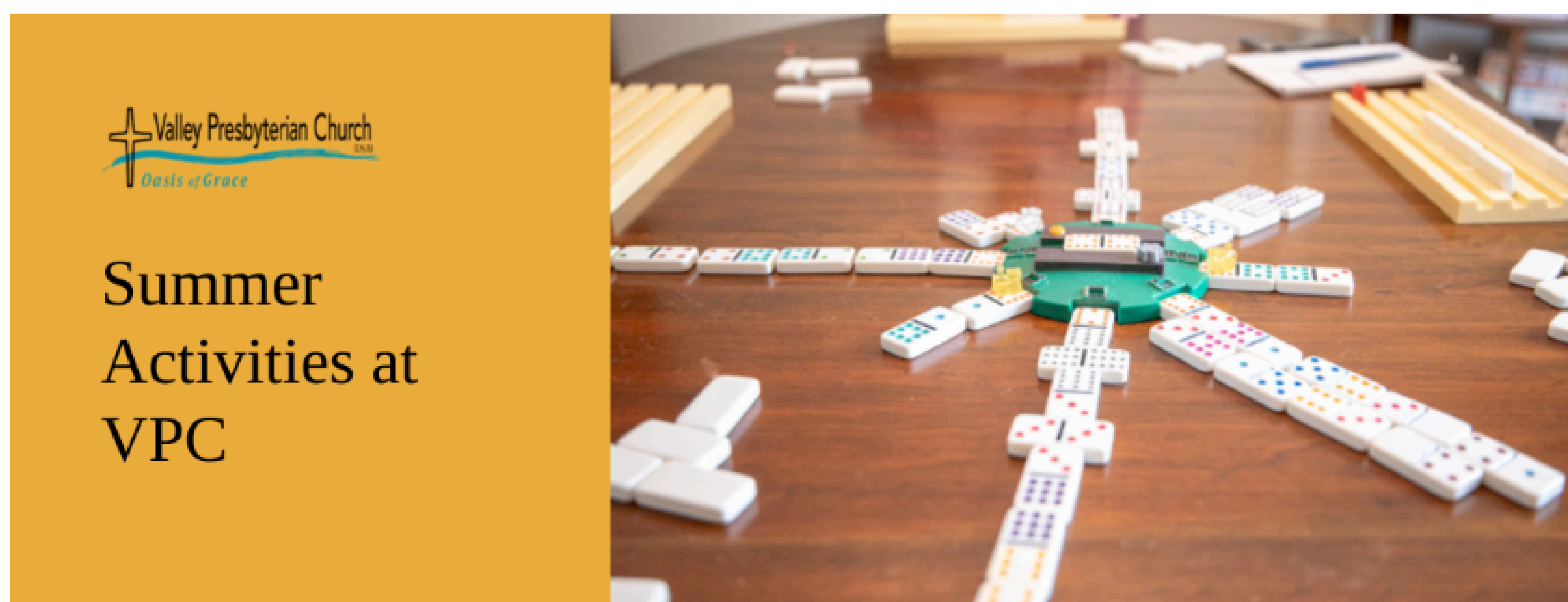


Join Pastor Craig in Classroom 5 on Mondays at 1:00 p.m. and on Zoom as we continue covering the Bible, chapter by chapter.

<https://zoom.us/join>

Meeting ID: 294 281 2414 PW: Heaven

Previous weeks are available on our [website:valleypres.net](http://valleypres.net).



Summer is here and we have an exciting line-up of activities this summer appealing to every interest.

Arts & Crafts? Our quilting members meet once a month on Mondays August 5th and September 16th at 9:00 a.m. to cut and iron quilt pieces to take home and sew. It's a great time of getting together and enjoying the camaraderie of other members.

Bible Studies? Join Pastor Craig's Bible Reflections class, studying the book of John. They take as much time with each chapter and verse as needed to understand the Bible. This class is held on Mondays at 1:00 p.m.

Book Reading? Our Valley Readers meet once a month with a new book and discuss the plots. In the month of July they are reading "What Have I Done?", by Jim and Kathy Risk. The book chronicles their many years of ownership of a fishing lodge in northern Minnesota. The group will meet Today, Monday, July 22, at 2:00 p.m. in Classroom 1.

Exercise? Cardio Drumming meets on Tuesdays at 9:00 a.m. in the Fellowship Hall. The Parkinson's Exercise group meets on Mondays, Wednesdays, and Fridays at 9:00 a.m. in Charter Hall. The Chair Exercise group with Mia Cooper meets on Wednesdays at 10:00 am. Cost is \$5 a class and all are welcome.

Line Dance? Line dance is back, thanks to the Fellowship Committee and Steve Hart. Steve has retired from his Custodial duties, but not from teaching Line Dancing! Join us Wednesdays. Beginners class at 1:30p.m. and not so beginner at 2:30p.m.

Games? Every Friday during the summer we are hosting a game afternoon. Starting at 1:00 p.m. be prepared to compete and enjoy games such as card games, dominoes, and Mexican train. Bring your friends and get out of the heat – all are welcome.

Lunch with Friends? Get out of the house and enjoy a \$3 lunch on Thursdays at La Posada. Sign up on Sundays and be the first 12 people to sign up for this event. Lunch is at the Posada Life Community Building, 780 S Park Centre Ave.

Movies? The first Thursday of the month between June and October, we have a movie ministry in the Spiritual Life Center at 1:30 p.m. August's feature is *I Am David*, facilitated by Pam Karbowsky, which will be held on August 1.

Volunteering? Want to get out of the house and help others? We have a couple of opportunities for members to get involved:

1. Valley Galley is in need of volunteers to serve food at Valley Assistance Services once a month. Contact Maureen Brealey if you are interested. (760) 898-4448.

2. Network of Caring - Like to talk, or meet new people? The Network of Caring group is looking for people to contact members once month or at least once every other month. We do this by telephone calls, e-mails, cards, or just visits at church. We also ask if there are any needs, like prayer or extended communion in their home if unable to come to church. And, if there are any hospitalizations, home address changes we should be aware of, or if a Pastoral visit is needed. Contact Nancy Storey at (719) 494-9547.



August Movie Ministry
I Am David
August 1, 2024 1:30 p.m.
Spiritual Life Center

Come join us in an air conditioned room to watch the movie *I Am David*.

Movie is based on Anne Holm's novel "North to Freedom" *I Am David* chronicles the struggles of a 12-year-old boy (Ben Tibber) who manages to flee a Communist concentration camp through sheer will and determination. All he has in his possession is a loaf of bread, a letter to deliver to someone in Denmark and a compass to help get him there.

Facilitated by Pam Karbowsky, who will introduce the movie and will have a brief discussion after the film.

This is a free event and is open to all, bring your friends and neighbors.



Line Dance Lessons
Beginners at 1:30 p.m.
Intermediate at 2:30 p.m.

Join us on Wednesdays.
Beginners class at 1:30p.m. and not so beginner at 2:30p.m.
This is a free event and all are welcome.

Please consider being part of the Valley Presbyterian Blood Drive during this time of critical need!

You are being asked to donate blood on **July 25, 2024, from 9:00am-2:00pm** in the Charter Hall at **2800 S. Camino Del Sol 85622**.

As you may have heard, we are in the midst of a National Blood Shortage. Since August, we are down 25% in blood donations. In an effort to entice you as well as to thank you for your priceless donation of a pint of blood, we have the following incentive for the time of your community's drive!

July 15-31, 2024: Be a force for good: Come give blood in July for a Fandango Movie Ticket by email to see TWISTERS on us. rcblood.org/Twisters.

To schedule an appointment please **follow this link:**

[Click HERE and schedule your donation NOW!](http://rcblood.org/Twisters)



Pop Tabs for the Ronald McDonald House

Metal pop tabs go to paying bills so the patients can get better and not worry about money.

Drop off metal pop tabs to the Women's Ministry Table during fellowship on Sundays or to the church office.

Ronald McDonald House in Tucson accepts tabs to recycle to use to support patients and their families who stay at Ronald McDonald House. 1000 tabs equals about one pound.